



# 10G

## Support for families with children

**Information for people with or affected by Motor Neurone Disease (MND) or Kennedy's disease**

If you, or a member of your family has had a diagnosis of MND or Kennedy's disease, there may be dependent children or young people who need support. Help and some funding may be available for them, including students in continuing further education. Some support may also be available for grandchildren, nieces, nephews and other young relatives. This information sheet explores what's available. The content includes:

1. What do the words mean?
2. How do we get our family needs assessed?
3. Can I get free meals or milk for my child?
4. Is there help with school uniform costs?
5. Can I get help to transport my child to school and back?
6. What other support is there at school?
7. What other benefits can I claim?
8. How can I find out more?



**This content has been evidenced, user tested and reviewed by experts. See: [piftick.org.uk](http://piftick.org.uk)**



This symbol highlights quotes from people living with or affected by MND or Kennedy's disease.



This symbol highlights our information resources to help you explore further. Find out how to download or order printed copies in section 8: **How do I find out more?**

## 1. What do the words mean?

When reading this information, you may come across the following terms:

<b>Bursary</b>	A type of grant awarded to someone to enable them to study, for example at university or college.
<b>Development milestones</b>	Behaviours or skills that develop at certain ages in infants and children as they grow.
<b>Discretionary</b>	Where a decision maker can choose how to apply rules to an assessment or award, based on a person's situation or needs.
<b>Emotional strength or resilience</b>	A person's ability to adapt to change and stressful situations, and bounce back.
<b>Grant</b>	An amount of money given by an organisation to support the purchase of a particular item or activity. Grants do not always need to be paid back.
<b>Means tested</b>	This is where your income and savings are taken into account to work out the level of benefit you may receive. This only applies to some claims.
<b>Scheme</b>	A plan or arrangement that schools can get involved in. This can be by choice or in some cases schools may be required by the Government to take part.



See information sheet: **10A Benefits and entitlements** for more on government or local authority general financial support.

## 2. How do we get our family needs assessed?

### Can I get any advice on benefits or support for children and young people?

Our Benefits Advice Service, in partnership with Citizens Advice, provides free, confidential and impartial advice on welfare benefits.

This can be done by phone and email, for people with MND or Kennedy's disease, their families and carers, when living in England, Wales and Northern Ireland.

There is also a live web chat function for people in England and Wales. And support through an interpreter if you need to communicate in another language.

Our MND Connect helpline, Children and Young People Service and web pages for children, young people, parents and guardians may also be useful.



Find contact details and further information in section 8:  
**How do I find out more?**

### Who can assess our needs?

If someone in your family is living with MND or Kennedy's disease, adult social care services can assess your needs.

You can ask for two types of assessment that could help support the younger members of your family: an early help assessment and a young carer's needs assessment. We will cover these in this section.

If you are a disabled parent and feel you need some help providing care for your children, adult social care services have a duty to support you too.

There are two other assessments that may help you as an individual:

- if you have MND or Kennedy's disease and need help with daily living tasks, ask for a needs assessment in England, Wales or Scotland, or a community care assessment in Northern Ireland
- if you provide support to someone with MND or Kennedy's disease, ask for a carer's assessment.



See information sheet: **10B What is social care?**

## **Early help assessment**

### **What is it?**

An early help assessment is a way of gathering information to identify current and future needs.

It can help families think about the sort of support they may find helpful now and later on as MND progresses.

Early help assessment gives social care services a chance to discuss financial or practical support with you, that may be available for your family.

Although the assessment looks at the needs of the whole family, it also explores the needs of each child or young person in the family unit.

This may help you and your family access the right support when you need it.

Young people in the family may want to discuss their needs separately with a social worker and provide their own information.

This can be particularly helpful for children who help out at home and who may be trying to balance activities between family needs and learning at school. If they are identified as young carers, they can get a young carer's assessment to look at their needs in more detail.

Assessment may lead to support that helps a child or young person to:

- reach their development milestones
- build emotional strength
- better cope with existing and future challenges.

Assessment should also identify:

- children and young people who may become a carer for an adult or sibling
- disabled parents who may need support to care for their child now or in the future.

### **Do I qualify?**

If you have children living at home and need help due to additional needs in the family, you have the right to request an early help assessment.

### **How do I apply?**

To arrange an assessment, ask your local authority in England or Wales, or your local health and social care trust in Northern Ireland.

## Young carer's needs assessment

### What is it?

An assessment for children or young people who provide care or support an adult or another child in their family.

This could provide early access to support and services to help your child.



**"I'd go in and help with his catheter or anything else I could do, like helping him to eat or take medicines."**

It may include support from:

- a young carer's organisation for respite breaks or to attend a young carer's group
- a school nurse or pastoral support for health and wellbeing
- pupil premium for support to access help with learning
- talking or counselling services.

It may help you plan for emergencies and what to do if:

- your child becomes unwell and you cannot collect them from school
- you become unwell and need support to pick your child up from school.

### Does my child qualify?

Your child may qualify if they help you or someone else with:

- practical jobs like cooking, shopping or housework
- personal care like washing or dressing
- physical care like helping a person walk or move around
- emotional support like talking to a person if they are upset
- giving medicine or collecting prescriptions
- communication if a person has no speech or needs help with translation
- caring for siblings.

### How do I apply?

To arrange an assessment, ask your local authority or council in England or Wales, or your local health and social care trust in Northern Ireland.

You can ask for support to apply for a young carer's needs assessment or more information from your local young carer's group.

See more about local support groups for young carers at:  
**carers.org** or **carersuk.org**

See more about support for young carers in Scotland at:  
**careinfoscotland.scot/topics/young-carers-and-young-adult-carers**

### **3. Can I get free meals or milk for my child?**

If your family is on a low income and you receive certain benefits, you may be able to get support through:

- the Healthy Start scheme
- free school meals
- school milk.

#### **Health Start Scheme**

##### **What is it?**

Healthy Start is a government funded digital card scheme available in England, Wales and Northern Ireland.

You can apply if you are pregnant or have children under 4 years old and have a low family income.

You will be sent a Healthy Start card with money on it that can be used for fresh, frozen and tinned fruit and vegetables, fresh, dried and tinned pulses, fresh milk or infant formula milk. It is means tested.

The Healthy Start cards are sent by post and can be used in certain shops. You will be sent information about which shops accept the cards.

The prepaid card payments will vary depending on which level you qualify – for example you may receive more if your child is under one year old.

You can also use the card for vitamins to support you if you are pregnant or breastfeeding, or to get vitamin drops for children from birth to four years old.

##### **Do I qualify?**

You need to be at least 10 weeks pregnant or have children under four.

You must also receive one of the following benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit and your income is £16,190 or less
- Universal Credit if your family earns £408 a month or less from employment
- Working Tax Credit, but only if your family is receiving the 4 week 'run-on'.

You will also be eligible if you are pregnant and under 18, even if you don't receive any benefits.

### **How do I apply?**

Healthy Start vouchers are a means tested benefit. Contact 0300 330 7010 to request an application form or apply online at: [healthystart.nhs.uk](https://www.healthystart.nhs.uk)

Your midwife, health visitor, doctor or nurse will need to sign your application form before you return it.

### **What help is available if I am living in Scotland?**

See more about the Better Start Grant and Better Start Food scheme, including how to apply at: [mygov.scot/best-start-grant-best-start-foods](https://mygov.scot/best-start-grant-best-start-foods)

## **Free school meals**

### **What are they?**

If you are on a low family income, your child may be entitled to free meals at school. This entitlement is means tested.

### **Do I qualify?**

#### **England**

If your child is in reception year one or year two, they should automatically get free school meal, regardless of your income.

#### **England and Wales**

Your child's school may provide a free midday meal if you receive certain benefits.

These benefits include:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- support under part VI of the Immigration and Asylum Act 1999
- the guarantee part of Pension Credit
- Child Tax Credit, if you do not get Working Tax Credit and with an income of £16,190 or less
- Working Tax Credit 'run-on' – paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit, and are not earning more than £7,400 a year after tax.

### **Northern Ireland**

Your child's school may provide a free midday meal but rules on how you qualify may change soon. Check at: [nidirect.gov.uk/articles/nutrition-and-school-lunches](https://nidirect.gov.uk/articles/nutrition-and-school-lunches)

At time of going to print, you qualify if you receive certain benefits:

- you receive Universal Credit and are not earning more than £15,000 a year after tax
- you receive Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- you get support under the Immigration and Asylum Act 1999
- you get Child Tax Credit or Working Tax Credit, with annual taxable income of £16,190 or less
- you get Working Tax Credit "run-on"
- you receive the Guarantee element of State Pension Credit
- your child has a statement of special educational needs and is designated to require a special diet for example blended food or gluten free
- your child is a boarder at a special school.

### **Scotland**

All children in primary 1 to 5, or at a special school run by their local council or funded by the Scottish government, can get free school lunches during term-time regardless of your income.

After primary 5, your child may still be able to get free school meals if you are on low income.

## How do I apply?

Contact your local education authority or child's school for help applying for free school meals.

In England and Wales, find your local authority and how to apply online at:  
**[gov.uk/apply-free-school-meals](https://www.gov.uk/apply-free-school-meals)**

In Northern Ireland, see more and apply online at:  
**[eani.org.uk/financial-help/free-school-meals-uniform-grants](https://eani.org.uk/financial-help/free-school-meals-uniform-grants)**

In Scotland, find your local council and how to apply online at:  
**[mygov.scot/primary-school-meals](https://mygov.scot/primary-school-meals)**

Let the school or college know if your child qualifies for free school meals. The school or college may benefit by being able to claim a pupil premium to support your child and other children's learning.



See section 6: **What other support is there at school?**

## Free school meals in further education

### What is it?

Your child may be able to claim free school meals during further education. This entitlement is means tested.

### Do I qualify?

The child needs to be:

- 16-19 years old
- in full time education
- not entitled to a means tested benefit of their own.

### How do I apply?

Contact your child's school or college to find out how to apply for free school meals. The school or college may benefit by being able to claim a pupil premium to support your child and other children's learning.

## **School milk**

### **What is it?**

Your child's nursery or school may provide 250ml of milk for each child per day if they take part in this scheme.

### **Do I qualify?**

#### **England, Scotland and Wales**

Children are eligible for subsidised milk if they regularly attend an Ofsted-registered preschool, nursery, primary school or secondary school. If your child gets means tested free school meals, then milk should also be free.

All pre-school children who are under five years old and in day care are eligible for free milk under the Nursery Milk scheme.

In Wales, Key Stage 1 children are also eligible for free milk funded by the Welsh Government.

In Scotland, the Scottish Milk and Healthy Snack scheme fund a daily portion of milk or non-dairy alternative, with a healthy snack. This is for children who spend two or more hours in the care of a regulated day care provider or child minder who has registered for the scheme.

#### **Northern Ireland**

At time of print, the Education Authority has to provide free school milk for children:

- attending special schools
- in schools where school meals are not provided
- with a medical certificate stating that milk is a necessary part of their diet, for example a child who may need extra milk to help with a restricted diet.

### **How do I apply?**

Ask if your child's school or nursery takes part in the scheme and how to apply. You can apply for school milk up to two months before your child starts school.

In Northern Ireland, contact the Education Authority in your region to find out more.

## 4. Is there help with school uniform costs?

You may be entitled to support with school uniform costs if you are on a low income.

### School uniform subsidy

#### What is it?

You may be able to get help to buy part of your child's school uniform, school shoes or sports kit. Help and arrangements can vary depending on where you live. This is means tested and may include:

- full support with uniform, non-uniform clothes, shoes and sports kit
- school uniform only
- a one-off grant when the child starts school
- regular grants as the child grows
- vouchers to swap for items of uniform
- free second-hand clothing
- a school shop selling second-hand uniform
- discretionary funding from the school's governing body or parents' association.

#### Do I qualify?

##### England and Wales

If you have a low family income you may be able to get help to pay towards school uniform if your child goes to school, a college for further education or sixth form.

##### Northern Ireland

If you are on a low income and your child goes to primary, post primary or a special school, a grant may be available as part of a clothing allowance scheme. One grant is offered for each child per year.

##### Scotland

Apply through your local council for a school clothing grant. One grant is offered for each child per year.

#### How do I apply?

In England or Wales, contact your child's school or your local council.

In Northern Ireland, contact the Education Authority in your region.

In Scotland, find more information and how to apply at: [mygov.scot/clothing-grants](https://mygov.scot/clothing-grants)

## **5. Can I get help to transport my child to school and back?**

You may be entitled to support with getting your child to and from school.

### **Free school transport**

#### **What is it?**

Your local authority, or in Northern Ireland the Education Authority, can decide to provide free transport to school if your child qualifies.

If transport is necessary, it should be available:

- free of charge
- for the whole journey
- when there is no safe walking route to school.

The types of transport provided include:

- local authority transport, or education authority transport in Northern Ireland
- hire coaches
- free bus or train passes for use on public transport
- a travelling allowance, for example a cycle allowance
- a car allowance paid to an agreed drop off and pick up point.

#### **Do I qualify?**

You may get help if your child is aged 4 to 16 years old and:

- is under eight years old (under 11 in Northern Ireland) and you live more than two miles from school
- eight years old or over (11 or more in Northern Ireland) and you live more than three miles from school
- they cannot walk to school due to special needs, disabilities or mobility problems
- there is no safe walking route between home and school
- they receive free school meals, although this may vary.

Your health and social care team may be asked to provide extra information to help the local authority, or in Northern Ireland the Education Authority, make a decision.

If you don't qualify, your child may be allowed to travel on spare seats on school buses. A charge may be made for this.

## How do I apply?

In England or Wales, contact your local authority to apply. You can also ask for information about any other schemes that help with travel costs if your child attends sixth form or college. See more at: [gov.uk/free-school-transport](https://www.gov.uk/free-school-transport)

In Northern Ireland, contact your Education Authority and see more at: [eani.org.uk/parents/pupil-applications-and-grants/home-to-school-transport-0](https://eani.org.uk/parents/pupil-applications-and-grants/home-to-school-transport-0)

In Scotland, find your local council details and how to apply at: [mygov.scot/free-school-transport](https://mygov.scot/free-school-transport)

## 6. What other support is there at school?

Depending on the age of your child, other support may include:

- free childcare places
- pupil premium
- school grants
- financial support for young people continuing in education
- emergency and hardship funds.

### Free childcare places

#### What is it?

If your child is aged three or four you may be eligible for free education or childcare for them, as part of an early education government scheme. Places may be in a:

- nursery
- nursery class or reception class in a school
- playgroup
- children's centres
- afterschool providers
- or provided by a childminder in an approved network.

#### England

If your child is three or four you could get 30 hours of free childcare a week for 38 weeks of the year (school term time). If you use less than 30 hours a week you may be able to spread the hours over 52 weeks.

See more at: [gov.uk/check-eligible-free-childcare-if-youre-working](https://www.gov.uk/check-eligible-free-childcare-if-youre-working)

## **Wales**

If your child is aged three or four you could get up to 30 hours a week free early education or childcare. A minimum of 10 hours must be used for early education and a maximum of 20 hours can be used for childcare. You will need to check with your local authority how many hours of early education they can provide your child. Any claim could affect other benefits you get.

See more at: [gov.wales/get-30-hours-childcare-3-and-4-year-olds](https://gov.wales/get-30-hours-childcare-3-and-4-year-olds)

## **Northern Ireland**

Government funded pre-school education is available to every child, but is not compulsory and you need to apply. It is not regarded as a childcare scheme. Northern Ireland do not offer free childcare hours. The Pre-School Education Programme is funded by the government and parents do not have to pay.

See more at: [nidirect.gov.uk/articles/pre-school-education-places](https://nidirect.gov.uk/articles/pre-school-education-places)

Northern Ireland do offer help paying for tax free childcare delivered by 'approved' providers. See more at: [nidirect.gov.uk/articles/help-paying-approved-childcare](https://nidirect.gov.uk/articles/help-paying-approved-childcare)

## **Scotland**

If your child is three or four, you could get around 30 hours free childcare during term time (a total of 1,140 hours in total).

See more at: [mygov.scot/childcare-costs-help/funded-early-learning-and-childcare](https://mygov.scot/childcare-costs-help/funded-early-learning-and-childcare)

## **Pupil premium**

### **What is it?**

Pupil premium is extra money that schools can apply for. This money is paid as a grant to the school. It can be used to support one child or a whole school. It should directly benefit a child by helping them achieve their best in school.

Schools may decide to use the grants to pay for:

- one-to-one or small group support for children
- employing an extra teaching assistant to work in class
- extra homework clubs for key subjects like maths and English
- starting a school breakfast club to improve attendance
- enrichment activities such as music lessons for children from low-income families
- school trips and visits
- buying equipment to help children's learning, such as laptops or tablets
- emotional or wellbeing support
- speech and language therapy.

## **Does my child qualify?**

The school will be able to apply for this extra funding to support your child if they:

- receive free school meals
- are in care or have left care
- have a parent in the armed forces
- have a parent who receives an armed forces service pension.

The school may decide to apply for and use pupil premium funds to support your child's emotional wellbeing.

They may also apply if your child is a young carer.

## **How do I apply?**

Ask your child's school if your child qualifies. They will tell you what to do to register your child for pupil premium.

You can apply once a year, but your child needs to qualify each time.

## **School grants**

### **What is it?**

If you have a low family income you may be entitled to a grant to help your child get involved in other activities offered at school. This is means tested. The amount of money available is likely to be limited.

Grants may be given for:

- activities or items which are not part of the school curriculum
- the cost of items for enrichment activities, such as a musical instrument or football boots
- travel costs to attend an interview for continued education or a job interview.

### **Do I qualify?**

Ask your school if your child qualifies and what help is available.

### **How do I apply?**

Ask your child's school for help applying.

## Financial support for young people continuing in education

### What is it?

If your child is continuing their education at sixth form, college or university they may be entitled to a range of:

- grants
- bursaries
- discretionary bursaries.

Some of these may be means tested.

The money can be used to help pay for:

- sixth form or college expenses
- tuition
- course fees
- room and board
- travel costs
- books
- anything else students may need money for.

### Do I qualify?

Ask your child's sixth form, college or university if they qualify.

In England and Wales, students in low-income families and further education can apply for support. See more at: [gov.uk/student-finance](https://www.gov.uk/student-finance) (England) or [studentfinancewales.co.uk](https://www.studentfinancewales.co.uk) (Wales).

In Northern Ireland, students may qualify for various support grants. See more at: [nidirect.gov.uk/articles/further-education](https://nidirect.gov.uk/articles/further-education)

In Scotland, students can apply for various grants if continuing in further education. See more at: [studentinformation.gov.scot/students/further-education](https://studentinformation.gov.scot/students/further-education)

### How do I apply?

Your child's sixth form, college or university can tell you what type of financial support they offer and how to apply. They can also give you details of how this is paid.

## Emergencies and hardship funds

### What is it?

Your child's school, college or university may have a separate hardship fund. You may be able to get extra help if circumstances change, or your child has an emergency. This type of funding is means tested.

Some charities give grants to parents to help with the costs of education. Grants may be available to help with school items, school uniform or school trips. You may need to meet certain criteria to qualify for a grant. If the grant is discretionary, the amount of money may be limited.

### Do I qualify?

Ask your college for advice. They can also tell you about other grants or funding that may be available.

### How do I apply?

You can apply for any grant if you think you may qualify. Apply early in the academic year if possible. If unsuccessful, you can reapply if your circumstances change.

## 7. What other benefits can I claim?

You may be entitled to certain benefits if you are responsible for a child or children.



See information sheet **10A Benefits and entitlements**.

## Child Benefit

### What is it?

Child Benefit is a payment to help with the cost of caring for a child. You can claim Child Benefit for every child you are responsible for, whether or not you are the parent.

### Do I qualify?

You can claim for each child:

- under 16 years old
- under 20 years old if they are in approved full-time education or training.

Payments stop 31 August, on or after your child's 16th birthday, if your child:

- starts paid work of more than 24 hours a week
- leaves approved full time education or training
- starts an apprenticeship
- gets benefits such as Employment and Support Allowance or Universal Credit.

### **How do I apply?**

To claim Child Benefit, complete form CH2 online or download and print to send to the Child Benefit Office. See more at: [gov.uk/child-benefit](https://www.gov.uk/child-benefit) or contact HMRC:

Tel: 0300 200 3100

Textphone: 0300 200 3103

### **Child Tax Credit**

Child Tax Credit was a payment to help with the cost of bringing up children on a low income. This has now ended.

See more on this at: [gov.uk/tax-credits-have-ended](https://www.gov.uk/tax-credits-have-ended)

### **Guardian's Allowance**

#### **What is it?**

Guardian's Allowance is paid to a person bringing up a child who is not theirs. This includes related or adopted children. It is tax free and paid on top of child benefit.

#### **Do I qualify?**

You can claim Guardian's Allowance if:

- you're bringing up someone else's child
- both of the child's parents have died (or meet the conditions of one surviving parent)
- you already claim Child Benefit for the child
- one of the child's parents was born in the UK (or lived in the UK since they were 16 for 52 weeks in a two-year period).

#### **How do I apply?**

See: [gov.uk/guardians-allowance](https://www.gov.uk/guardians-allowance) to download a claim form or contact by:

Tel: 0300 200 3101

Welsh language: 0300 200 1900

Textphone: 0300 200 3103

## 8. How do I find out more?

### Other organisations

We cannot endorse organisations, but the following may help your search for further information. Our MND Connect helpline can help you find organisations. See contact details later in this section, under the heading: Our support.

Your local family or children's information service can give advice about any other local support or services that may help. Contact your local authority or in Northern Ireland your health and social care trust for details. Local services may include:

- childcare providers
- holiday schemes
- local activities or events for children and families
- adult social care services for support for disabled parents.

#### Advice NI

Provides free advice on welfare changes and benefits for people in Northern Ireland.

Tel: 0800 915 4604  
Email: [advice@adviceni.net](mailto:advice@adviceni.net)  
Website: [adviceni.net](http://adviceni.net)

#### Citizens Advice

Free, confidential advice to help resolve legal, money and other problems.

Tel: 0800 144 8848 (England)  
0344 477 2020 (Wales)  
Website: [citizensadvice.org.uk](http://citizensadvice.org.uk) (England)  
[citizensadvice.org.uk/wales](http://citizensadvice.org.uk/wales) (Wales)  
[citizensadvice.org.uk/nireland](http://citizensadvice.org.uk/nireland) (Northern Ireland)

#### Education Authority (Northern Ireland)

Online help about local education authorities and their support in Northern Ireland.

Website: [eani.org.uk](http://eani.org.uk)

#### Family Action

A charity providing welfare grants, educational grants and information for families.

Tel: 020 7254 6251  
Email: [info@family-action.org.uk](mailto:info@family-action.org.uk)  
Website: [family-action.org.uk](http://family-action.org.uk)

#### Family Holiday Charity

British seaside breaks and day trips for families living with challenging circumstances.

Tel: 020 3117 0650  
Email: [hello@familyholidaycharity.org.uk](mailto:hello@familyholidaycharity.org.uk)  
Website: [familyholidaycharity.org.uk](http://familyholidaycharity.org.uk)

### **Glasspool**

Professionals supporting families can apply for small hardship grants.

Email: [grants@glasspool.org.uk](mailto:grants@glasspool.org.uk)

Website: [glasspool.org.uk](http://glasspool.org.uk)

### **Go Beyond (formerly Chicks)**

A charity providing free, week long respite breaks for bereaved children, young carers and children living in low-income families in the UK.

Tel: 01822 811020

Email: [info@gobeyond.org.uk](mailto:info@gobeyond.org.uk) or through the website contact page

Website: [gobeyond.org.uk](http://gobeyond.org.uk)

### **Government information**

Online government information about benefits and support.

Website: [gov.uk](http://gov.uk) (England and Wales)

[nidirect.gov.uk](http://nidirect.gov.uk) (Northern Ireland)

[gov.scot](http://gov.scot) (Scotland)

### **MND Scotland**

Care, information and research funding for people affected by MND in Scotland.

Tel: 0141 332 3903

Email: [info@mndscotland.org.uk](mailto:info@mndscotland.org.uk)

Website: [mndscotland.org.uk](http://mndscotland.org.uk)

### **Healthy Start helpline**

Information about the Healthy Start scheme, and how to apply for vouchers.

Tel: 0300 330 7010

Website: [healthystart.nhs.uk](http://healthystart.nhs.uk)

### **The St Vincent de Paul Society (SVP)**

An organisation that may be able to offer some financial assistance.

Tel: 020 7703 3030

Email: [info@svp.org.uk](mailto:info@svp.org.uk)

Website: [svp.org.uk](http://svp.org.uk)

### **Turn2us**

Help to access welfare benefits, charitable grants and support services.

Website: [turn2us.org.uk](http://turn2us.org.uk)

## **Acknowledgements**

With thanks to our User Review Group for kindly sharing their experiences.

Thank you also to the following for their kind review during the development or revision of this information sheet:

<b>Patrick Buckingham</b>	Education Adviser, Action for Carers, Surrey
<b>Marie Gilmore</b>	Welfare Reform Team Leader, Advice NI, Northern Ireland
<b>Zoe Gerrard</b>	Team Leader, Citizens Advice Cardiff & Vale

## **References**

References used to support this resource are available on request:

Email: [\*\*infofeedback@mndassociation.org\*\*](mailto:infofeedback@mndassociation.org)

Or write to:

Information feedback,  
Motor Neurone Disease Association  
Francis Crick House  
6 Summerhouse Road  
Moulton Park  
Northampton NN3 6BJ

## Further information

We offer a wide range of information about MND and Kennedy's disease. You may find the following resources helpful, relating to this sheet.

### Information sheets

10A Benefits and entitlements

10B What is social care?

### Booklets

Telling people about MND

### Large guides

So what is MND anyway?

### For professionals

Supporting children and young people close to someone with motor neurone disease

### Other resources

When someone close has MND - workbook for young children,

When someone close has MND - accompanying guidance for adults

MND Buddies activity hub for young children

So what is MND, anyway? guide for young people and young carers aged 11-18

So what is MND, anyway? web app for young people and young carers aged 11-18

Why are things changing? storybook for young children

Treasure and memory boxes

Search for information by need at: [mndassociation.org/careinfinder](https://mndassociation.org/careinfinder)

Find resources, guidance and support for children, young people, parents and guardians at: [mndassociation.org/cyp](https://mndassociation.org/cyp)

Find information for professionals at: [mndassociation.org/professionals](https://mndassociation.org/professionals)

Download our information at: [mndassociation.org/publications](https://mndassociation.org/publications)

Find information in other languages at: [mndassociation.org/languages](https://mndassociation.org/languages)

Order printed copies from our MND Connect helpline (see Our support next).

## **Our support**

Every day we support people affected by motor neurone disease, campaign for better care and fund ground-breaking research. Because with MND, every day matters.

We also support people affected by Kennedy's disease.

### **MND Connect**

Our helpline offers practical and emotional support, information and signposting to people with MND, carers, family and professionals. Find out more and current opening times at: [mndassociation.org/mndconnect](https://mndassociation.org/mndconnect)

Tel: 0808 802 6262

Email: [mndconnect@mndassociation.org](mailto:mndconnect@mndassociation.org)

### **Support services**

Find out about our support services at: [mndassociation.org/our-services](https://mndassociation.org/our-services)

### **Local and regional support**

Find out about our branches and groups at: [mndassociation.org/local-support](https://mndassociation.org/local-support)

### **MND Association Benefits Advice Service**

For help to identify claims and how to apply, visit: [mndassociation.org/benefitsadvice](https://mndassociation.org/benefitsadvice) or call our MND Connect helpline.

Tel: 0808 802 6262

### **MND Association website and online forum**

Website: [mndassociation.org](https://mndassociation.org)

Online forum: [forum.mndassociation.org](https://forum.mndassociation.org)

### **MND Association children and young people services**

Support and family events for anyone aged 4 to 25 years of age who have a loved one with MND.

Email: [cyp@mndassociation.org](mailto:cyp@mndassociation.org)

Website: [mndassociation.org/cyp](https://mndassociation.org/cyp) for information resources

## **We welcome your views**

We'd love to know what you think we're doing well and where we can improve our information for people with MND or Kennedy's disease, their families and carers.

Your anonymous comments may also be used to help raise awareness and influence within our resources, campaigns, and applications for funding.

To give feedback on this or any of our information sheets, access our online form at:  
**[smartsurvey.co.uk/s/infosheets\\_1-25](https://smartsurvey.co.uk/s/infosheets_1-25)**

You can request a paper version of the form or provide direct feedback by email:  
**[infofeedback@mndassociation.org](mailto:infofeedback@mndassociation.org)**

Or write to:  
Information feedback  
Motor Neurone Disease Association  
Francis Crick House,  
6 Summerhouse Road,  
Moulton Park  
Northampton NN3 6BJ

### **Would you like to help with user review of our information?**

If you are living with MND or Kennedy's disease, or you are a carer, contact us at:  
**[infofeedback@mndassociation.org](mailto:infofeedback@mndassociation.org)**

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Motor Neurone Disease Association  
Francis Crick House,  
6 Summerhouse Road,  
Moulton Park  
Northampton, NN3 6BJ

Tel: 01604 250505  
Email: [enquiries@mndassociation.org](mailto:enquiries@mndassociation.org)  
Website: [mndassociation.org](http://mndassociation.org)

Registered Charity no. 294354

Revised: January 2026  
Next review: August 2027  
Version: 1

